The hymn book of the period of Easter to Pentecost is called the Pentecostarion. The Pentecostarion is a liturgical treasure containing hundreds of hymns which recount Christ’s great acts of mercy and which glorify Him. The Sundays and the entire week following each Sunday are known by the New Testament events they commemorate: “The Week of the Paralytic,” “The Week of Thomas,” “The Week of the Myrrh-bearers,” and so on.

Here are some examples of hymns from the Week of the Paralytic which dramatize Jesus’ encounter with the paralyzed man:

The paralytic, an unburied dead man, upon seeing You cried out: “Lord, have mercy on me! My bed has become my grave. Of what use is my life?…” But I come to You, the fountain of healing, that I may say together with all: almighty Lord, glory to You!” (Vespers Hymn – Sunday of the Paralytic)

At the porch near the Sheep Gate a man lay in sickness. Seeing You, Lord, he cried out: “I have no man to put me in the pool when the water is stirred!”... And the Savior, moved by compassion, said to him: “For you I became man; for you I took on flesh – and you say I have no man? Take up your bed and walk!” (Vespers Hymn)

May we, who are paralyzed with sin, come to our Lord Jesus Christ to be healed in mind, soul and body.

A Year of the Lord, Vol. 4, Fr. Theodore Stylianopoulos

Sunday of the Paralytic

Epistle & Gospel Reading in Greek

Ephesians: Acts 9:32-42

In those days, Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, “Aeneas, Jesus Christ heals you; rise and make your bed.” And immediately he rose. And all the residents of Lydda and Sha- roon saw him, and they turned to the Lord. Now there was at Joppa a dis- ciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreat him, “Please come to us without delay.” So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. And they put them all outside and knelt down and prayed, then turning to the body he said, “Tabitha, rise.” And she opened her eyes, and when she saw Peter she sat up. And he gave her her hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

Gospel: John 5:1-15

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever happened to go down first in the pool, when the water was stirred up, was healed of whatever disease he had. One man saw this, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, he said to him, “Do you want to be healed?” The sick man answered him, “Sir, I have no man to put me into the pool when the water is stirred, and while I am going another steps down before me.” Jesus said to him, “Rise, take up your pallet, and walk.” And at once the man was healed, and he took up his pallet and walked. Now that day was the sabbath. So the Jews said to the man who was cured, “It is the sabbath, it is not lawful to carry your pallet.” But he answered them, “The man who healed me said to me, ‘Take up your pallet, and walk.’” And they asked him, “Who is the man who said to you, ‘Take up your pallet, and walk?’” Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, “See, you are well! Sin no more, that nothing worse befal you.” The man went away and told the Jews that it was Jesus who had healed him.

ANNUNCIATION GREEK ORTHODOX CHURCH LANCaster, PA

SUNDAY, May 10, 2020

Orthros: Third


Epistle: Acts 9:32-42

Page: 952 (Pew Bibles)

Gospel: John 5:1-15

Page: 922 (Pew Bibles)
1. **APOLYTIKION OF THE RESURRECTION (Fifth Mode)**

   Christ is risen from the dead, by death, trampling down upon death, and to those in the tombs He has granted life.

2. **HYMN OF THE SMALL ENTRANCE (Second Mode)**

In the congregation bless God the Lord, who springs out of Israel. Save us, O Son of God who rose from the dead, To you we sing, Alleluia!

3. **RESURRECTION APOLYTIKION (Third Mode)**

   Let the heaven rejoice, and let things on earth be glad, for the Lord has worked powers with His arm; He has trampled upon death by death; He has become the first born of the dead. From the bowels of Hades has He delivered us, and has granted great mercy to the world.

4. **HYMN OF OUR CHURCH (Fourth Mode)**

   Today is the beginning of our salvation, and the revelation of the mystery of ages. The Son of God becomes the Son of the Virgin. And Gabriel proclaims this gift from God. Together with him we cry out to You, O Theotokos: "Hail thou full of grace, the Lord is with you."

5. **KONTAKION (Plagal Fourth Mode)**

   Though You went down into the tomb, O Immortal One, yet You brought down the dominion of Hades; and You rose as the victor, O Christ our God; and You called out "Rejoice" to the Myrrh-bearing women, and gave peace to Your Apostles, O Lord who to the fallen grant resurrection.

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1. **APOLYTIKION TOU PASCHA (H. ΠΛ. Α)**

   Χριστὸς ἀνέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι, ζωὴν χαρισάμενος.

2. **ΕΙΣΟΔΙΚΟΝ ΤΟΥ ΠΑΣΧΑ (H. Β)**

   Ἐν Ἐκκλησίας εὐλογεῖτε τὸν Θεόν, Κύριον ἐκ πηγῶν Ἰσραήλ. Σώσον ἡμᾶς, Υἱὲ Θεοῦ, ὁ ἀναστάς ἐκ νεκρῶν φανερῶς σοι. Αλληλούϊα.

3. **ΑΝΑΣΤΑΣΙΜΟ ΑΠΟΛΥΤΙΚΙΟΝ (H. Γ’)**

   Εὐφραίνεσθω τὰ οὐράνια, ἀγαλλιάσθω τὰ ἐπίγεια, ὅτι ἐποίησε κράτος, ἐν βραχίονι αὐτοῦ ὁ Κύριος. Ἐπάτησε τῷ θανάτῳ τὸν θάνατον, πρωτότοκος τῶν νεκρῶν ἐγένετο, ἐκ κοιλίας ᾅδου ἐρρύσατο ἡμᾶς καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος.

4. **ΑΠΟΛΥΤΙΚΙΟΝ ΤΟΥ ΝΑΟΥ (H. Δ’)**

   Σήμερον τῆς σωτηρίας ἡμῶν τό Κεφάλαιον, καί τοῦ ἀπ’ αἰώνος Μυστηρίου ἡ φανέρωσις· ὁ Υἱός τοῦ Θεοῦ, Υἱός τῆς Παρθένου γίνεται, καί Γαβριήλ τὴν χάριν εὐαγγελίζεται. Διό καὶ ἡμεῖς σὺν αὐτῷ τῇ Θεοτόκῳ βοήσωμεν· Χαίρε Κεχαριτωμένη, ὁ Κύριος μετὰ σοῦ.

5. **ΚΟΝΤΑΚΙΟΝ ΤΟΥ ΠΑΣΧΑ (H. ΠΛ. Δ)**

   Εἰ καὶ ἐν τάφῳ κατῆλθες Ἀθάνατε, ἀλλὰ τοῦ Ἀδωναί δικαίωσεν· καὶ ἀνέστης ἐκ νεκρῶν, κατὰ τὸ ἐν σοῦ καθημερινόν· τοῖς σοῖς παρακολουθεῖσιν, ὁ τοῖς πεσοῦσι παρέχων Ἀνάστασιν.

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**Christ is Risen! Truly He is Risen!**

**Sunday, May 10th**
- **Mother's Day**
- **Sunday of the Paralytic**
- **8:15 AM** Orthros
- **9:30 AM** Divine Liturgy
- **11:30 AM** Virtual Coffee Hour (annunciationorthodox.org/signups/to participate)

**Monday, May 11th**
- **8:00 PM** OCF & Young Adult Online Discussion Group

**Wednesday, May 13th**
- **8:30 AM** Orthros
- **9:30 AM** Divine Liturgy
- **6:00 PM** Live Streamed/Zoom Bible Study with Fr. Hector
- **7:00 PM** Special Paraklesis during a Pandemic

**Friday, May 15th**
- **4:00 PM** GOYA Zoom meeting

**Saturday, May 16th**
- **7:00 PM** Vespers

**Scholarship Forms** are available through the Church Office. Daughters of Penelope extended deadline is May 15th. Contact Kim McDevitt for inquiries @ mcdevittkim@gmail.com. AHEPA has extended deadline for submission to July 2nd. Please submit online only to George Ioannidis @ Vyzantio@aol.com (Mailed forms will not be accepted).

High School and College Graduates to be honored after Liturgy on Sunday, May 31st. Please submit name & photo to church office by May 22nd.

**WELCOME TO ALL VISITORS**

We welcome our non-Orthodox friends and neighbors at all the liturgical services with a reminder that Holy Communion may be received only by prepared Orthodox Christians. Please sign the Visitor’s Registry in the Narthex if you wish to be contacted by the priest.

Father Hector Firoglanis, Pastor
Father Theodosios Palis, Assistant Pastor
Father Alexander Veronis, Pastor Emeritus